

On behalf of Vision Expo, we sincerely
thank you for being with us this year.

Vision Expo Has Gone Green!

We have eliminated all paper session evaluation forms. Please be sure to complete your electronic session evaluations online when you login to request your CE Letter for each course you attended! Your feedback is important to us as our Conference Advisory Board considers content and speakers for future meetings to provide you with the best education possible.



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Justin Schweitzer, OD, FAAO has received honorarium
from:

- Aerie – C/L
- Alcon – C/L
- Allergan – C/L
- Bausch + Lomb – C/L
- Ocular Therapeutix - C
- EyePoint - C
- Sight Sciences – C
- Dompe - C
- Sun - C
- Equinox - I
- Reichert - C
- J&J – C/L
- Glaukos - L
- Horizon – C
- Quidel – C
- Zeiss – C
- MediPrint
- Chief Medical Editor: Modern Optometry

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Surgical Advances in Glaucoma Therapy

Justin Schweitzer, OD, FAAO
Vance Thompson Vision, Sioux Falls, South Dakota
Optometric Externship Director

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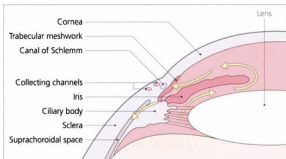
Minimally or Micro Invasive Glaucoma Surgery (MIGS)

Procedures that have an ab-interno approach, are minimally traumatic, with at least modest efficacy, extremely high safety and rapid recovery .

Saheb H, Ahmed, IIK. Micro-invasive glaucoma surgery: current perspectives and future directions. Curr Opin Ophthalmol. 2012;23(2): 96-104.

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Schlemm's Canal	Type	Suprachoroidal	Type	Cilioablativ	Type
Stents		Stents		External	
	iStent		*Cypass		Micropulse
	iStent Inject		*iStent Supra	Internal	
	Hydrus	Subconjunctival	Type		ECP
Dilation		Stents			
	OMNI		Xen		
	ABIC		*InnFocus Micro		
Cutting					
	Kahook Dual Blade				
	OMNI/GATT				
Ablation					
	Trabectome				

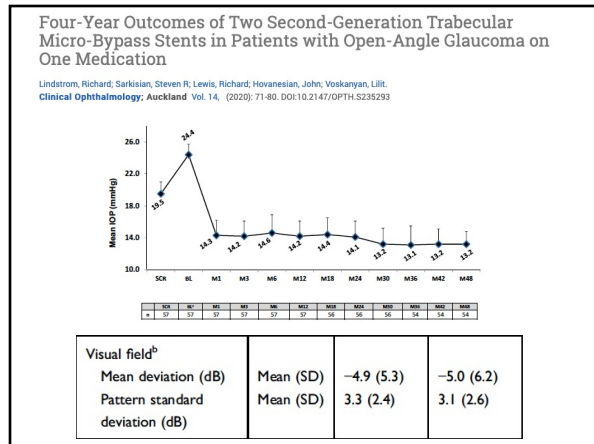


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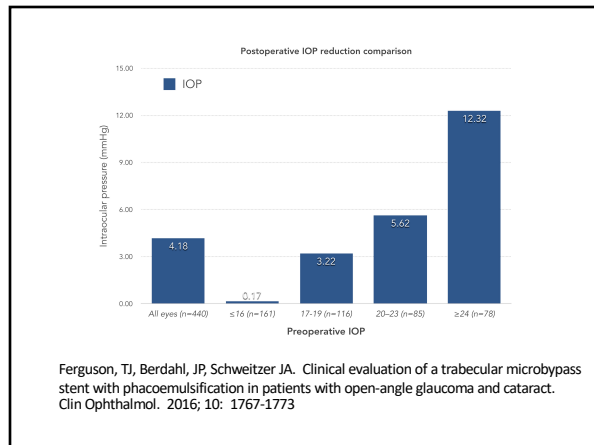
Trabecular Microbypass Stent (iStent Inject W)

1.

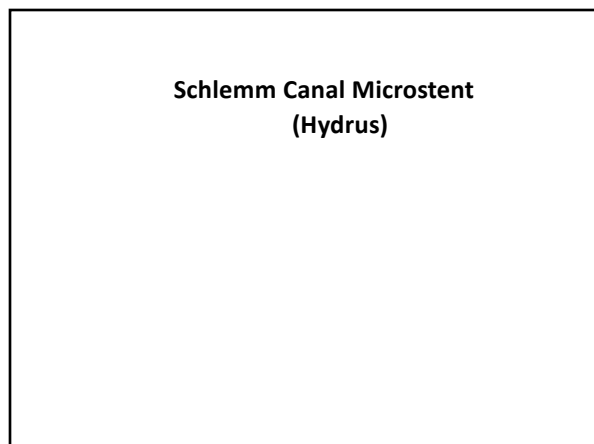
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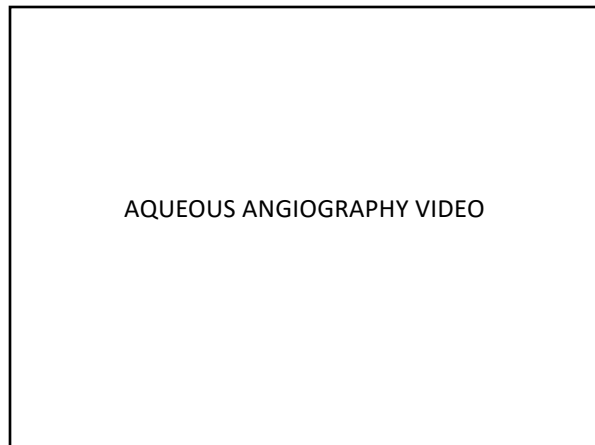


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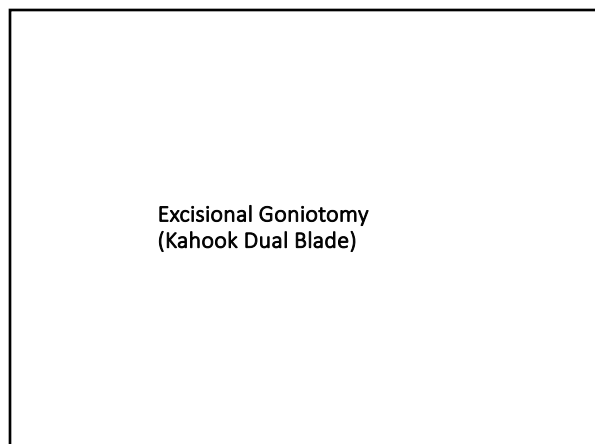
HORIZON Trial – 4 Year Update		
	Stent + Cataract (n=369)	Cataract Only (n=187)
Baseline IOP (mm Hg) after washout	25.5 (+/- 3.0)	25.4 (+/- 2.9)
48 months medication free	65%	41%
48 months mean IOP (mm Hg) unmedicated	16.7 (+/- 3.1)	17.2 (+/- 3.2)
48 months mean IOP (mm Hg)	16.9 (+/- 3.3)	17.3 (+/- 3.4)
1 preoperative med	52.6%	54%
2 to 4 preoperative med	47.4%	46%

5 Year Update – 66% patient's remain medication-free and 61% reduction in risk to need further surgery

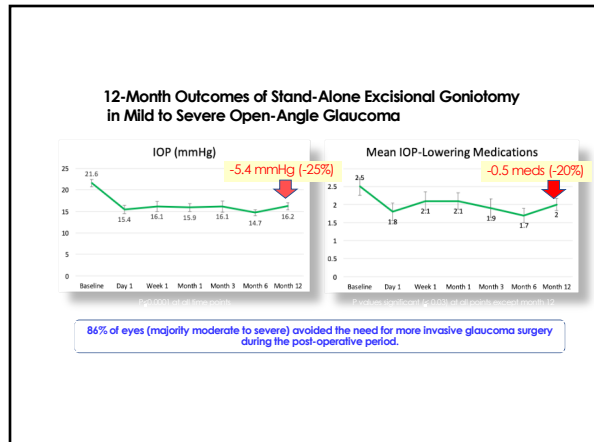
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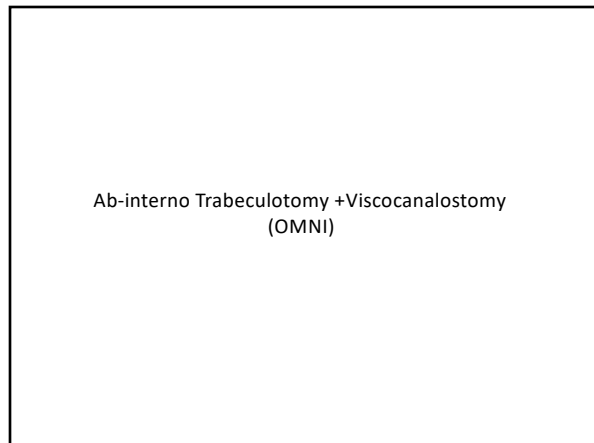
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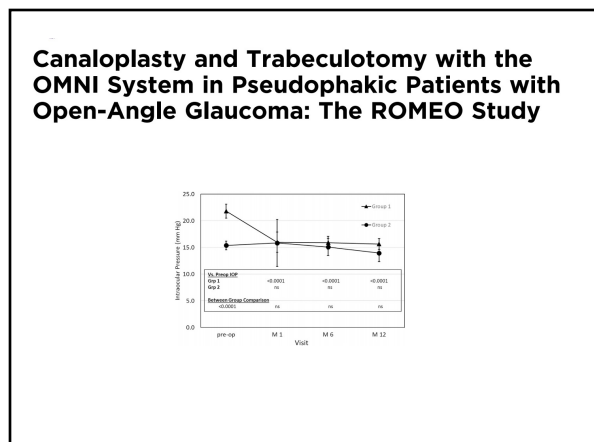
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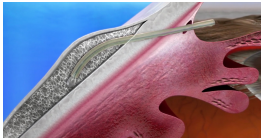
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	Baseline	12 month
Medicated IOP	25.1 (3.7)	15.9 (5.2)
Glaucoma Meds	3.5 (1.0)	1.7 (1.5)
Hypotony	16 (24.6%)	
Bleb Needling	21 (32.3%)	

Subconjunctival Stent (Xen)

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A Case for Tubes and Trabs?

Powerful and effective at lowering IOP

Covered by the vast majority of insurance companies

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Treatment Outcomes in the PTVT Study (3 Years)

Tube Group	Trab Group
IOP 13.9 mm Hg	IOP 12.1 mm Hg
2.1 medications	1.2 medications
32.1% failure rate	29.1% failure rate

No significant difference in the rate of surgical success was observed between the two surgical procedures at 3 years

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ExPress Shunt

“Enhance” the trab

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Post-operative Considerations with MIGS

1. Stopping GLC Meds
2. IOP Spikes
3. Hyphema
4. Hypotony
5. Establish New Baselines

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Selective Laser Trabeculoplasty

Selectively targets and laser
burns pigmented TM cells

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SLT Studies

Selective Laser Trabeculoplasty Versus Medical Therapy as Initial Treatment of Glaucoma: A Prospective, Randomized Trial

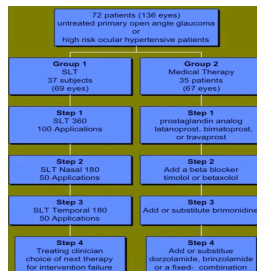
L. Jay Katz, MD,* William C. Steinmann, MD,† Azad Kabir, MD,‡ Jeanne Molineaux, COA,* Sheryl S. Wizov, COA,* and George Marcellino, PhD§ the SLT/Med Study Group

J Glaucoma • Volume 21, Number 7, September 2012

- SLT Med Study (2012)
 - Dr. Katz @ Wills Eye in Philadelphia
 - J Glaucoma 2012;21:460-468
 - SLT (100 applications over 360 degrees of TM) vs. prostaglandin analog
 - Primary outcome -> IOP
 - Secondary outcome -> # of treatment steps

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SLT Med Study Treatment Arms



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SLT vs. Prostaglandins

- SLT Med Study (2012)

Results:

 1. IOP reduction:
 - SLT – 25.7% IOP reduction
 - IOP reduced from 24.5 to 18.2 (6.3 mmHg reduction)
 - Prostaglandin – 28.3% IOP reduction
 - IOP reduced from 24.7 to 17.7 (7.0 mmHg reduction)
 2. # of treatment steps:
 - SLT group - 11% of eyes required additional SLT
 - Prostaglandin group -> 27% of eyes required additional medication

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Lancet. 2019 Apr 13;393(10180):1505-1516. doi: 10.1016/S0140-6736(18)32213-X. Epub 2019 Mar 9.

Selective laser trabeculoplasty versus eye drops for first-line treatment of ocular hypertension and glaucoma (LIGHT): a multicentre randomised controlled trial.

Gazdard G¹, Konstantinopoulos G², Garway-Heath D², Sang A², Vickerstaff V³, Hunter R⁴, Amler G⁵, Bunce C⁶, Wormald R⁷, Nathwani N⁸, Barton K⁹, Rubin G⁹, Buszewicz M⁹, LIGHT Trial Study Group.

Primary Outcome - Quality of Life at 3 years

Secondary Outcome – Cost, cost-effectiveness, clinical effectiveness, and safety

Conclusions:

- No significant difference in QOL
- 97% probability of SLT as 1st treatment being more cost-effective
- SLT at target IOP 93% of visits vs 91.3% at target for meds
- 78.2% Drop Free @ 3 years

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- Rates of disease deterioration
 - SLT - 3.8% (23 eyes)
 - Meds - 5.8% (36 eyes)
- Glaucoma surgeries
 - SLT – 0
 - Meds – 11

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Steroid After Laser Trabeculoplasty (SALT)

Steroid

- IOP Pre-Op: 23.3 mm Hg
- 12 week IOP check

- IOP lowering of **5.2±2.7** mmHg

NSAID

- IOP Pre-Op: 23.3 mm Hg
- 12 week IOP check

- IOP lowering of **6.2±3.1** mmHg

Saline Tears IOP lowering of **3±4.3** mmHg

Groth et al. Steroids After Laser Trabeculoplasty (SALT) Trial: Impact of Short-term Anti-inflammatory Treatment on SLT Efficacy. Ophthalmology June 5 2019

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Bimatoprost SR (Allergan)
(10-microgram bimatoprost sustained-release implant)

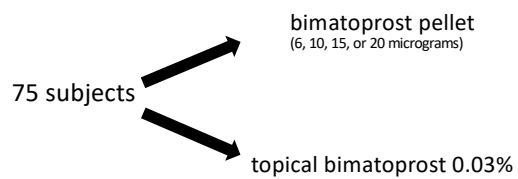
- Biodegradable bimatoprost sustained-release implant
- FDA-approved and indicated to reduce IOP in patients with open angle glaucoma or OHT
- Single intracameral administration
- Phase I/II/III Studies

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Bimatoprost SR (Allergan)
(10-microgram bimatoprost sustained-release implant)

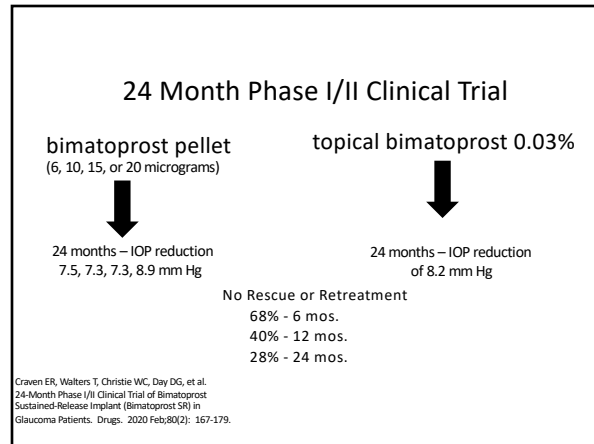
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24 Month Phase I/II Clinical Trial

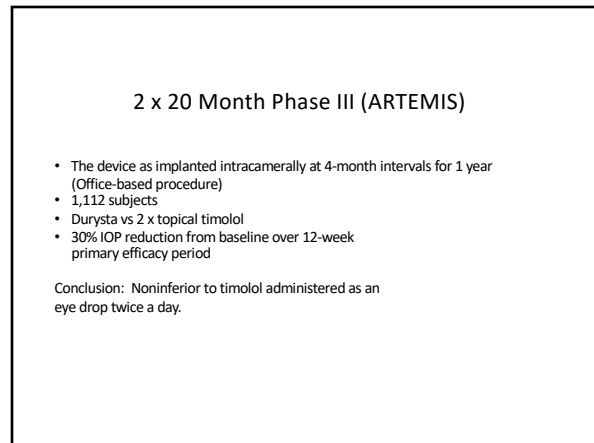


Craven ER, Walters T, Christie WC, Day DG, et al. 24-Month Phase I/II Clinical Trial of Bimatoprost Sustained-Release Implant (Bimatoprost SR) in Glaucoma Patients. *Drugs*. 2020 Feb;80(2): 167-179.

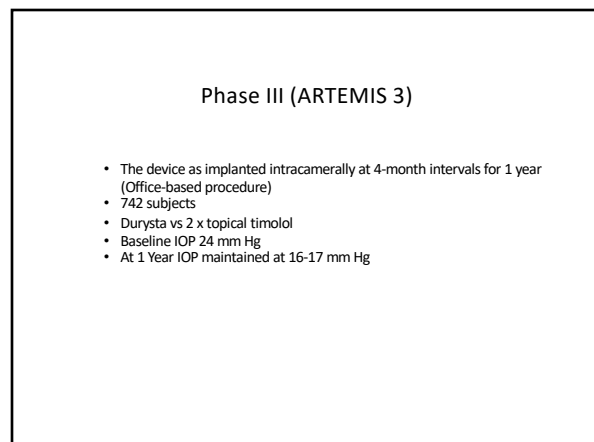
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Phase III (ARTEMIS)
27% -conjunctival hyperemia
10% - post administration 2 days
5.4% - endothelial cell loss over 20 months
5% - iritis

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In Conclusion...

- Glaucoma is both a medical and surgical disease
 - Key to success is collaboration
- Trends in treatment aim to balance effectiveness and safety

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Thank You!

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