## ABO Advanced Exam Review Domain III



### Use of Ophthalmic Instrumentation Part I

NFOS

### Domain 3 Tasks

- Explain the use of ophthalmic instrumentation
- Analyze the utilization of dispensing information
- Determine method of fabrication and ordering
- Distinguish the uses of visual assessment instrumentation
- Apply knowledge of legal and professional requirements for equipment maintenance

### The Art and Science of Eyewear Fabrication

### The Art and Science of Eyewear Fabrication

- > Apply formulae used in the manufacture of eyewear.
- Describe the capabilities and limitations of conventional and digital surfacing.
- Explain the lens blank selection process.
- Describe factors that affect lens curves and thickness.
- List the steps from surface layout to finished lens edging.
- Apply verification standards in compliance with ANSI and federal regulations.

### Lens Fabrication



## Lens Designs

# Single Vision

- Spherical
- Aspheric
- Atoric

Bifocals

# **Progressive Addition Lenses**

## Prescription to Lens Blank

- Material
- Minimum Blank Size
- Vertex Power Compensation
- Resultant Prism
- Nominal Power
- Sagittal Depth Formula
- Thick Lens Back Vertex Power

## History of Spherical Lens Design

- Biconvex
- Biconcave
- Plano Convex
- Plano Concave



### Chromatic VS monochromatic

#### Chromatic

#### **Chromatic Abberation**

#### **Dispersion of white light into individual colors**

**Through prism** 



More dispersion for some materials than others

#### **Inverse of the amount of Dispersion = abbe**

Therefore, for Abbe, HIGH number is less dispersion

Low number is MORE dispersion



Glass Abbe = 58 CR -39 = 58 Poly = 43-45 Poly = 30

High Index 1.70 = 36



#### **Chromatic aberration is a function of MATERIAL**

# Achromatic Abberations

## 5 seidel abberations

## Spherical Abberation

- Coma
- Marginal/Oblique Astigmatism
- Curvature of Field
- Distortion



# Achromatic Abberations

### 5 seidel abberations

- Spherical Abberation
  - Not generally a big deal due to pupil size
- Distortion







Barrel minus lenses

Pincushion Plus lenses

### Base Curves

### **Flatter Base Curves**

Less Magnification Thinner lenses

### Steeper Base Curves

More Magnification Thicker lenses Corrective Curve or "Best Form" Lens Theory

Tscherning Ellipse

## Best Base Curve to eliminate Marginal or Oblique Astigmatism

## Tscherning Ellipse

- A graphical representation of the front surface power as a function of the total lens power in best-form lenses.
- There are two possible solutions, those that are least curved and those that are most curved.



# Tscherning Ellipse: Oswalt Branch

The least curved portion is called the Oswalt Branch.



# Tscherning Ellipse: Wollaston Branch

The most curved portion of the ellipse is called the Wollaston Branch.



## Corrected Curve Theory

• Different curves were needed to suit different families of Rx's.

• Proper matching would result in "Best Form" lenses with minimal aberrations.



Choosing an Appropriate Base Curve

### Higher Plus = STEEPER Base/Front Curves

Higher Minus = FLATTER Base/Front Curves

## Vogel's Formula

## Choosing an Appropriate Base Curve

### For <u>Plus Lenses :</u>

### BC = SE + 6.00

For Minus Lenses :

BC = (SE + 6.00) / 2

# Vogel's Formula Example: $Rx + 3.75 - 1.50 \times 90 = +3.00$

#### BC = SE + 6.00

## SE = +3.00Base Curve = +3.00 +6.00 = +9.00



#### Example 2 : Rx -3.00 - 1.00 x 90

BC = (SE + 6.00) / 2

Spherical Equivalent = -3.50

BC = (-3.50/2) + 6.00 =

+4.25

Instead of a single radius of curvature (same curve throughout surface of the lens), changes towards periphery of lens

#### **ASPHERIC VS. NON-ASPHERIC**

PLUS SPHERICAL Curve is Constant PLUS ASPHERIC Curves Flatten Towards Edge

#### MINUS SPHERICAL Curve is Constant

MINUS ASPHERIC Curves Steepen Towards Edge



## Aspheric Curves: Three main uses

#### I. Optical Aberration Control

Improved off center optics for Rx's > +7.00 or -23.00D than spherical base curve

#### 2. Cosmetic:

- Allows the use of flatter base curves while maintaining good optics.
- 3. Power Changes:
  - Used for progressive addition lenses.

### Aspheric Lenses

- Non-spherical surface that gradually changes in curvature from the center of the lens toward the edge
- Delivers the peripheral clarity of a "Best-Form" lens with a flatter profile.
- With high index, up to 25% thinner and 30% lighter

### Aspheric vs Best Form Lenses

+4.00 D Lens Design Comparison*			
	Best Form	- Flat	Asp heric
	Lens	Lens	Lens
Front Curve	9.75 D	4.25 D	4.25 D
Center Thickness	6.6 mm	5.9 mm	5.1 mm
Weight	20.6 grams	17.7 grams	14.8 grams
Plate Height	13.7 mm	6.0 mm	5.1 mm
Rx off-axis	+3.78 DS	+5.18 DS -0.99 DC	+3.77 DS

## Aspheric Advantages:

#### Plus Lenses:

- Reduced lens thickness
- Less bulge for Plus Rx's
- Less magnification for plus Rx's

### Minus lenses

- Less minification for minus
- Lenses look and stay better in frames.
- More frame choices.
- Improved peripheral vision

## Aspheric Lens Limitations

Aspheric lenses, like spherical lenses, can be optimized for only one lens power. Each lens requires one of two unique base curves to deliver optimum optical performance in the periphery.

## Aspheric Lenses & Astigmatism

- Tscherning's ellipse demonstrates that bestform or aspheric lens cannot optimize both powers
- Approximately 70% of all prescription require a cylinder correction.

## Atoricity

Atoricity = Essentially different amount/level of asphericiy in Sphere and Cyl power

Maximize benefit of asphericity in BOTH meridians
#### Atoric Surface

- Asphericity varies for each power meridian.
- Every sphere and cylinder combination is optimized.



#### Boddy base curve formula for Minus = 4.25 + ((Spherical equivalent + add)/2) Boddy base curve formula for plus digital lenses = 3.50 + ((add power/2) + spherical equivalent)

### Manufacturing



### Prescription to Lens Blank

- Material
- Minimum Blank Size
- Vertex Power Compensation
- Resultant Prism
- Nominal Power
- Sagittal Depth Formula
- Thick Lens Back Vertex Power

#### Minimum Blank Size:

#### MBS = ED + 2 x Decentration

Minimum Blank Size:

MBS = ED + 2 x Decentration

Example: A=54 DBL=18 P.D.=64 ED=58

Minimum Blank Size:

MBS = ED + 2 x Decentration

Example: A=54 DBL=18 P.D.=64 ED=58

A + DBL = GCD or Frame PD 54 + 18 = 72

GCD - P.D. divided by 2 = decentration per eye

 $72 - 64 = \underline{8} = 4 \text{mm in per eye}$ 

 $ED + 2 \times Dec. = MBS$ 

 $58 + 2 \ge 4 = 66$ mm

### Boxing System



#### Vertex Compensation

- A Distometer, millimeter rule, or digital device is used to measure vertex distance.
- If the power in any meridian is > 7.00D, an adjustment to power if the frame is fit at a distance different than the Rx vertex distance

#### Simplified formula:

#### D<sup>2</sup>/1000 = the power change per mm of change

- Closer? Farther?
- Plus Lenses? Minus Lenses?

# (CAP) Closer Add Plus

#### Nominal Power Formula (Thin Lens)

- $De = D_1 + D_2$ 
  - De = The effective, vertex or lensometer power of the lens in diopters
  - $D_1$  = The power of the front curve in diopters
  - $D_2$  = The power of the back surface power in diopters

#### Example:

- Front surface (BC) = +6.00D
- Back Surface = -4.00D

#### Nominal Power = +6.00 + (-4.00) = +2.00D

#### Sagittal Depth Formula (Lens Thickness)



www.Opticampus.com

#### Sagittal Depth Formula (Lens Thickness)

- Thickness = <u>Radius<sup>2</sup> x Power</u>
   2000 (n 1)
  - N = Index of refraction of lens material used
  - Thickness is mm
- Step # I Decentration x 2 + ED
- Step # 2 Radius = ½ of amount in Step # 1
- Step # 3 Calculate thickness using formula
- Step # 4 Add minimum thickness to answer (1.5 to 2.0mm)

Sagittal Depth Formula (Lens Thickness)Example



Step # 4 Add minimum thickness to answer (1.5 to 2.0mm)

#### Thick Lens Back Vertex Power

- $De = D_1 + D_2 + (t/n \times D_1^2)$
- De = The effective, vertex or lensometer power of the lens in diopters
- $\triangleright$  D<sub>1</sub> = The power of the front curve in diopters
- >  $D_2$  = The power of the back surface power in diopters
- t = Lens thickness in meters
- n = Index of refraction

#### Thick Lens Back Vertex Power Example:

- Front curve = +10.00
- Back curve = -4.00
- Lens thickness = 7mm or .007 meters
- Index of refraction = 1.60
- $De = D_1 + D_2 + (t/n \times D_1^2)$
- $De = +10.00 + (-4.00) + (.007/1.60n \times (+10.00^{2}))$
- De = +6.00 + (.0044) × 100
- De = +6.44

### Formulae to Calculate the

% of Change in Magnification

- Change in Thickness m% = t x DI
- ▶ <mark>|5</mark>
- Change in Front Curve m% = t x DI
- ► <mark>15</mark>
- Change in Vertex Distance m% = z x Dv
- IO
- t = center thickness or change in center thickness
- (+ for increase, for decrease)
- DI = front curve or change in front curve
- Dv = back vertex power of the lens
- z = change in vertex distance (+ for increase, for
- decrease)

### Change In Front Curve

- m% = t x DI
- I 5
- DI changed from +6.00 to +10.00, t = 3.0 mm
- m% = t x DI = 3.0 x 4.00 = 0.8 % increase in magnification
- 15 15

#### Change in Thickness

- m% = t x DI
- I 5
- DI = +9.00, t = 2.0 mm increase in thickness
- m% = t x DI = 2.0 x 9.00 = 1.2 % increase in magnification
- I5 I5



#### Use of Ophthalmic Instrumentation Part II

NFOS

Surfacing Choices

- Conventional Surfacing
- Digital Surfacing

### **Conventional Surfacing**

- Spherical, Toric
- Calculations
- Layout
- Blocking
- Generating
- Fining
- Polishing

### A Basic Surfacing Lab

- Layout Computer
- Marker
- Surface Tape
- Blocker
- Generator
- Cylinder Machine
- Laps
- Lens Inventory



#### Calculations

- Frame Measurements
  MM Rule
  "C" Gauge
- Frame Tracing Unit
- Software



### Data Input : Tracer

- One or Two Eyes
- Number of Points
- Software
- Display





### **Tracing Points**

A database of frame information and trace files that allow optical laboratories to select a lens blank and begin surfacing without having the actual frames



#### Inventory

- Lens Materials
- Lens Coatings
- Lens Tints
- Blank Sizes
- Prescription Range



### Sag Gauge



#### Data Input





## Layout





### Blocking

- Tape
- Alloy ,Wax or Thermoplastic







#### Generator





## Fining and Polishing









### Basic Surfacing Lab



#### Automated Surfacing Lab










### Surfacing

 In conventional surfacing, a generator grinds away plastic on back of lens creating rough surface



Final Rx on back surface is produced by rubbing against an aluminum tool and pad in fining and polishing steps





Grinding Curve Questions:

IF you have a -3.00 -2.00 x 180

Given a lens with a +3.00 Base Curve

- Transpose Rx:
- What are Grinding Curves
- What is Power at 180?
- What is power at 90
- Type of Astigmatism
- Orientation of Astigmatism

### Digital Surfacing or Free Form Machining

A natural diamond cutting tool produces a very smooth surface that requires only light polishing to create transparency



#### Digital Surfacing or Free Form Machining

- Each lens may require over 10 million calculations to generate the data file for the free forming machine to create the lens' surface
- The computer lens design is exact. Several companies use the same machinery. It is each company'ss computer program that determines the end product

#### Schneider HSC 100



### Schneider Auto Transport



#### Schneider Polisher



### Free Form Machining

#### Create the Following Curves on the back of lens

Spherical

- Aspheric
- Atoric
- Progressive

- Other?
  - Slab off
  - Round/blended on back side
  - ) etc

#### High Index Lenses



#### Wrap Around Sunglasses

Frame requires approximately

- +8.00 or higher Base Curve
  - Remember that BEST optics are on a SPECIFIC designed base curve (Tsherning's Ellipse)....Artificially increasing BC will affect optics

#### Rx Wrap Sunglasses

- Oakley
- Costa Del Mar
- Maui Jim
- Bolle'

#### Correction for Wrap Rx Lenses



### A Basic Finishing Lab

- Lens Layout
- Blocking
- Pattern Making
- Edging

- Grooving
- Polishing
- Tinting
- Inspection

### An Automated Finishing Lab

- Order Input
- Tracing
- Blocking
- Patternless Edging

- Polishing, Grooving
- Tinting, Coating
- Inspection

#### Inspection & Verification





#### Auto Lensmeter







#### Lens Verification

- I. Focus the Eyepiece
- 2. Check distance prescription with convex surface facing operator and concave against the lens stop.
- 3. Always start with the lens with the most power in the vertical meridian
- 4. Prism: The target is always displaced in the direction of the base.
- 5. Check add power with the concave surface facing the operator.



#### Verifying Prism

- Target Displaced in Direction of Base
- Auxiliary Prisms over 5.00 Prism Diopters



#### Verification: Progressives

#### Remark Lenses



#### Essilor PAL Identifier



### Identifying the Lens

- Locate all markings
- The Vision Council Electronic Progressive Lens Identifier
- Shows picture of each type of progressive lens with all hidden markings.



### Identifying the Lens

#### Essilor of America Varilux X 4D



M	Materials:	Custom Progressive Design
	Plastic (CR39 and 1.50)	PAL Design on Front and Back side
	-	Fitting cross location: 4mm above 180 line
*	Irivex	Rec. minimum fitting height:
Ρ	Polycarbonate	17mm
		Available as: Photochromic; Polarized
π	Plastic High Index (1.66 - 1.67)	Available in: US and Canada
74	Plastic Ultra High Index (> 1.67)	

«First (Previous 4 5 6 7 8





### Verification: Progressives

- Locate laser-engraved circles and add power.
- Confirm monocular Pd. and fitting height
- Check distance power
- Check prism at O.C./P.R.P., unle prescribed, prism should be equ in each lens(Prism used for thinning should equal 2/3 the ac power)



#### Verification: Progressives

Check Distance
 RX through
 Distance
 Verification Circle



# Verification: Progressive Add

## Power

- For Front Surface
  PAL, Verify with CX
  Surface against
  Lens Stop.
- For Back Surface PAL, Verify with CC Surface against Lens Stop.



### Verification: Progressives

- Monocular P.D.
- Fitting Height



#### **ANSI Standards**

#### ANSI Z80.1 Prescription Ophthalmic Lenses

ANSI Z87.1 Occupational & Safety Eyewear

- Note on ANSI...generally viewed as "voluntary" standards....However,
  - ANSI Z80 may be a STATE requirement for Opticians
  - ANSI Z87 Adopted by OSHA, so is FEDERAL REQUIREMENT.



#### **QUICK REFERENCE GUIDE – ANSI Z80.1-2020**

#### 1. Tolerance on Distance Refractive Power (Single Vision, Multifocal and Power Variation Lenses with a single reference point)

Sphere Meridian Power (minus cylinder convention)	Tolerance on Sphere Meridian Power (minus cylinder convention)	Cylinder ≥ 0.00 D ≤ <b>-</b> 2.00 D	Cy <b>l</b> inder >-2.00 D ≤ - 4.50 D	Cylinder > - 4.50 D
From - 6.50 D to + 6.50 D	±0.13D	±0.13D	± 0.15 D	±4%
Stronger than ±6.50 D	±2%	±0.13D	± 0.15 D	±4%

#### 2. Tolerance on Distance Refractive Power (Power Variation Lenses "Progressive Addition Lenses" with more than one reference point)

Sphere Meridian Power (minus cylinder convention)	Tolerance on Sphere Meridian Power (minus cylinder convention)	Cylinder ≥ 0.00 D ≤ <b>-</b> 2.00 D	Cylinder > – 2.00 D ≤ <b>–</b> 3.50 D	Cylinder > - 3.50 D
From - 8.00 D to + 8.00 D	±0.16D	±0.16D	±0.18D	±5%
Stronger than ± 8.00 D	±2%	±0.16D	±0.18D	±5%

#### 3. Tolerance on direction of cylinder axis

Nominal value of the cylinder power (D)	< -0.12 D	≥ -0.12 D ≤ -0.25 D	> -0.25 D ≤ <b>-</b> 0.50 D	> -0.50 D ≤ <b>-</b> 0.75 D	> –0.75 D ≤ <b>–</b> 1.50 D	> <b>-</b> 1.50 D
Tolerance of the axis (degrees)	Not Defined	± 14°	± 7°	± 5°	± 3°	± 2°

#### 4. Tolerance on addition power for multifocal and progressive addition lenses

Nominal value of addition power (D)	≤ 4.00 D	> 4.00 D	
Nominal value of the tolerance on the addition power (D)	±0.12 D	±0.18 D	

#### 5. Tolerance on Prism Reference Point Location and Prismatic Power

The prismatic power measured at the prism reference point shall not exceed  $0.33\Delta$  or the prism reference point shall not be more than 1.0 mm away from its specified position in any direction.

#### 6. Tolerance on Prismatic Imbalance (mounted)

Single Vision	Vertical	Vertical	Horizontal	Horizontal
And Multifocal Lenses	0.00 to ≤ ±3.375 D	> ±3.375 D	0.00 to ≤ ±2.75 D	> ±2.75 D
Tolerance	≤ 0.33∆	≤ 1.0 mm difference in height of PRPs	≤ 0.67∆	≤ ± 2.5 mm from specified distance interpupillary distance

https://thevisioncouncil.org/sites/default/files/ANSI%20Z80%201-2015\_Quick%20Reference%20v2.pdf

### Laws governing Opticianry

Remember that our "RULES" that we have to follow are broken into :

#### 1) **Laws** (passed by lawmakers and signed off on by an executive)

# 2) **Regulations** (rules and guidelines written to enforce or clarify laws, generally by a specific officer or department, and have the SAME legal standing, and can be enforced, just like "laws")

And these Laws and Regulations can be passed by:

# 1)Federal Gov

# 2)State Gov

# 3)Local Gov

- Federal Laws
- Federal Regulations

- State Laws
- State Regulations

#### Local Laws and regulation (less applicable normally)

#### Example of FEDERAL LAW

#### Fairness to Contact Lens Consumer Act

- Must release CL Rx
- □ Online can sell, but must verify (I business day and is filled)

#### □ ENFORCED by FEDERAL TRADE COMMITTEE (FTC)

#### Example of FEDERAL REGULATION

#### ► FTC

#### EYEGLASS RULE

- ODs and OMDs must give copy of Rx at conclusion of exam, even if not asked for
- □ <u>https://www.ftc.gov/business-guidance/resources/complying-eyeglass-rule</u>

- FDA (food and Drug Agency)
  - Impact resistance standards 1971
    - Batch testing of plastic/resin lenses, individual drop ball testing of Glass Lenses
- OSHA (occupational Safety and Health Administration)
  - Require Eye and Face Protection on worksites when required
    ADOPTED ANSI Z87 for these purposes

#### Example of State Laws

 ALL states have laws and regulations on Optometrists, Dentists, Medical Doctors, nurses, Etc

 Some states have laws and regulations (ex licensing requirements) for Opticians

CT for example adopted ANSI as a STATE law for Opticians

#### Other professional Requirements

#### In addition to

- Federal Laws (FCLCA, Federal Law)
- Federal Regulations (FTC eyeglass rule, FDA impact, OSHA)
- State laws if indicated

• There are also OTHER requirements:

Other professional Requirements

It is the against the law to sell any lens other than polycarbonate or trivex lenses for children or monocular patients?

**TRUE or FALSE**
#### Other professional Requirements

Actually there is generally no "law" (as far as I am aware).

# There IS, however, a legal concept called "duty to warn"

 in CIVIL cases, a professional can be held liable for injuries caused to another, if the practitioner had the opportunity to warn the patient of a hazard and failed to do so.

# **Duty to Warn**

• Optician has a duty to investigate what a patients needs are and to recommend the appropriate lens or lenses.

IN absence of documentation, the practitioner can be held liable
 AND potentially revocation or action against license

Many companies, concerned about liability, especially in minors, will set company policies to mandate using ONLY impact resistant lenses for minors, both to satisfy this "duty to warn" and to mitigate any potential liability (prevent lawsuits from injured patient, especially a child)

#### Back to ANSI

Recall that OSHA controls workplace safety (Eye and Face protection)

Simply ADOPTED the "voluntary" ANSI Z87 standards to simplify process

#### ANSI z87

## Basic Impact vs High Impact

#### Basic Impact

- Z-87 markings
- 3.0 mm min CT

**High Impact** 

Z-87-2 markings (all now)

2.0 mm min for HI mat poly/trivex/tribri
3.0 mm for all others CR-39, etc

#### Lens Markings:

- Upper temp corner includes:
- Manufacturer's initials
- "+" if Hi Impact Material (Poly, etc)
- Add'l
  - V for Variable
  - S for Special Purpose
  - ) etc

## ANSI Z87.1-2020

- Called Z87+
- I/4" Steel Ball at 150 Feet/Second
- Lens Thickness: 2.0mm.
- Lens Markings: Sandblasted manufacturer's I.D. and "+"
- All Frames, Basic or High Impact must meet High Impact Standards
- Frame Markings: Front A, DBL, Z87-2 or Z87-2+, Manufacturer's I.D. Temples - Length, Z87-2 or Z87-2+, Manufacturer's I.D. On one temple

	Table 3. Mai	rking Requirements		
Type of Mark	Lenses & Replacement Lenses		Framal	Marking for Complete Device
	Spectacles	All Other	Franc	(no replaceable components) <sup>2</sup>
All protectors shall bear the mar	kings below.		-	
Manufacturer's Mark or Logo	Yes	Yes	Yes	Yes
Standard Plano, Readers, Magnifiers Rx		Z87	Z87	Z87 787-2
Coverage (small head sies) <sup>3</sup>	н		Н	
the manufacturer.	only when claims of	impact rating, a speci	ne iens type af	id/or use are made by
Impact Nark Impact Rated Plano, Readers Magnifiers Impact Rated Rx Relaxed Optical Level <sup>6</sup>	+ + O2	Z87+ Z87+ O2	Z87+ Z87-2+	Z87+ Z87-2+ O2
Lens Type Clear Welding Filter (see table 7) <sup>5</sup> UV Filter (see table 8) <sup>4</sup>	W shade U scale number	W shade U scale number		W shade U scale number
Visible Light Filter (see table 10) <sup>4</sup> Variable Tint	k scale number L scale number V	K scale number		K scale number L scale number V
Special Purpose Lenses	S	S		S
Anti-Fog	X	X		-
Use Splash / Droplet Dust			D3 D4	D3 D4
Fine Dust			D5	D5

\_\_\_\_\_

1. Frame components subject to marking vary by type of protector

\_\_\_\_\_

\_ \_ \_ \_ \_ \_ \_ \_ \_

## OSHA: Occupational Safety and Health Administration

- Federal agency charged with regulating safety practices in the work place and in educational settings.
- OSHA has adopted the Z-87.1 standards making them a federal requirement.



Began mandating impact resistance of ophthalmic lenses in 1971.

Plastic and others can be "batch" Tested

#### Glass ALL have to be

- Tempered:
  - Either Heat or Chemically
- Drop Ball Tested

- Glass Drop Ball Test:
- Lenses must be capable of passing Drop-Ball Test:
  - ▶ 5/8"steel ball,
  - .56oz,
  - Height of 50 inches
  - Safety Glass, 3.0 = 1.0" steel ball
- Records must be keep three years after purchase.

#### Glass drop ball exceptions:

- Prism Segment Multifocal
- Slab Off
- Lenticular Cataract,
- o Iseikonic
- Depressed segment one-piece multifocal
- Biconcave
- Myodisc and minus lenticular
- Custom laminate
- Cemented assembly lenses



## FTC: Federal Trade Commission

- Established to prevent unfair business practices.
- Eyeglasses I and Eyeglasses II investigational studies.
- Doctor must give the patient a copy of their prescription immediately after the exam.