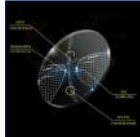


## Deconstructing Advanced Progressive Lens Designs: A Stepwise Approach



Michelle J. Hoff, OD, FAAO, ABOM, FNAO  
 Associate Clinical Professor  
 University of California Berkeley  
 Herbert Wertheim School of Optometry and Vision Science  
 mhoff@berkeley.edu  
 mhoff@sightlinecc.com

1

## Michelle J. Hoff, OD, FAAO, ABOM, FNAO



- ◆ University of California Berkeley | Associate Professor of Health Sciences
- ◆ Mindful Eyes Foundation | Founder and Executive Director
- ◆ SightLine Ophthalmic Consulting | Co-founder and CEO
- ◆ Doctor of Optometry (OD)
- ◆ Master in Ophthalmic Optics (ABOM)
- ◆ Registered Spectacle Lens Dispenser (CA-SLD)
- ◆ Licensed Optometrist (CA-DCA)



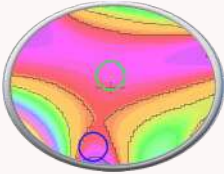
LinkedIn.com/in/michelle\_hoff

2

## Learning Objectives

**Progressive Lens DNA**

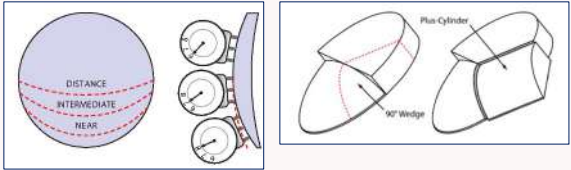
- Surfacing**
  - Traditional vs Digital Design Features:
  - Enhanced
- Design**
  - Dual
  - All Back Surface
- Aberration**
  - Hard vs Soft
- The Drop**
- Vertical Power Change**



**Review of manufacturers latest technology and product portfolios**  
**Patient Case Review**

3

## Basic Progressive Lens Design



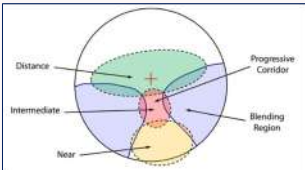
Increased curvature = increased Plus power

Oblique Plus cyl is blended in the periphery for a seamless transition from distance to near

Fundamentals of Progressive Lens Design Copyright © 2006 Darryl J. Meister and Vision Care Product News

4

## Four Structural Features to Manipulate




- Distance = stable area for distance Rx
- Near = stable area for near Rx
- Corridor = zone of increasing + power, provides mid-range vision
- Blending Region = contains varying amounts of Surface Astigmatism


Fundamentals of Progressive Lens Design Copyright © 2006 Darryl J Meister and VisionCare Product News

5


## PAL DNA: 5 Concepts



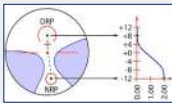
**1. Surfacing: Traditional vs Freeform**  
How is the lens made?



**3. Aberration Pattern**  
How is the unwanted cylinder distributed?



**2. Design: Front, Dual, All Back**  
Where is the prescription?



**4. The Drop: FRP to PRP**  
What does it mean?

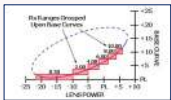
**5. Vertical Power Change:**  
How can we control it?

6

## DNA #1 Surfacing


### TRADITIONAL PAL SURFACING

**Tscherning's Ellipse**  
individual powers need separate base curves.

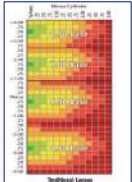


**Optical compromise:**

- group small Rx range into one base curve
- reduces the number and cost of many molds



I need a 7.5  
Store only stocks 7 or 8



Green = best vision  
Yellow, orange, red = increasingly poor peripheral vision

Optical Lens Design by Darryl Meister


7

## Surfacing

### FREEFORM PAL SURFACING

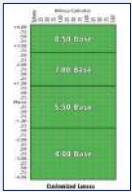
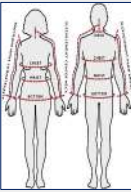
NO MORE FORMS

**Software Program** → **Digital Surfer**  
moves in 3D, like a record player



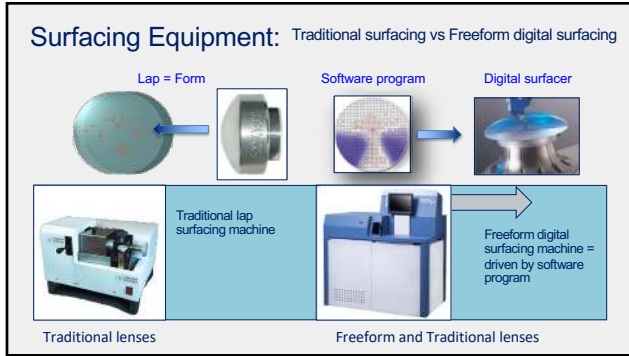
**Point by point surface profile**

- RX
- Aberrations
- Position of wear

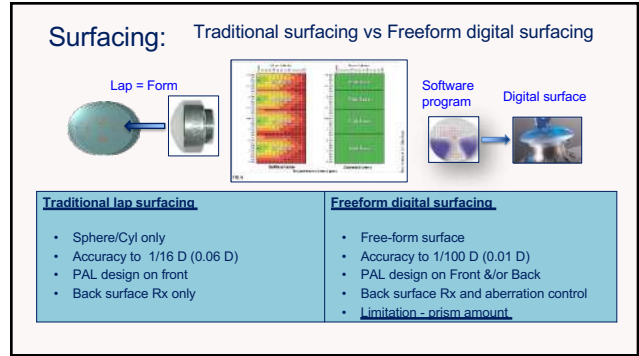



**ALL prescriptions can be Optimized**  
Like a custom made dress or suit

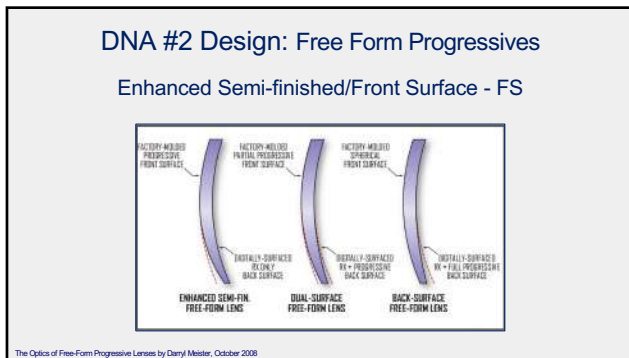
8



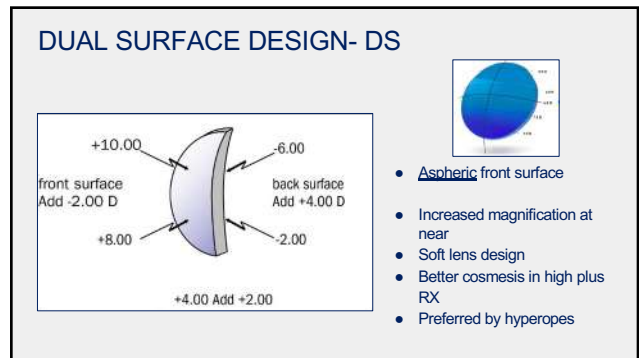
9



10



11



12

### ALL BACK SURFACE DESIGN - ABS

#### Spherical lens forms

- Meniscus (Nitsche and Guter)
- More Bent with +/- 6.00D BC

• Plus Rx:  
- Base Curve = -6.00 Ds on the back

• Minus Rx:  
- Base Curve = +6.00 Ds on the front

BC = -6.00      BC = +6.00

- Spherical front surface
- Rx on back of lens
- More types of lens options
- Not ideal cosmetics in high plus lenses
- Hard design
- Preferred by myopes

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### DNA #3 Off Axis Aberrations

All variable power lenses have off axis aberrations

#### 2 Categories

- Contour lines = 0.50-0.75 DC
- Closer together = faster change
- Darker the blue = higher amount

"Softer" Lens Design

"Harder" Lens Design

**SOFT Distribution**

- Spread out more
- Dual surfacing
- Hyperopes (generally)

**HARD Distribution**

- Concentrated below 180
- All back surfacing
- Myopes (generally)

14

### Off Axis Aberrations

"Y" design	"X" design	"T" design
<p><b>"Y" design</b></p> <ul style="list-style-type: none"> <li>• slight distance distortion</li> <li>• moderate intermediate</li> <li>• wide near</li> <li>• soft design <b>MEDIUM</b></li> </ul>	<p><b>"X" design</b></p> <ul style="list-style-type: none"> <li>• distortion in the distance</li> <li>• wide intermediate area</li> <li>• narrow reading area</li> <li>• very soft design <b>SOFT</b></li> </ul>	<p><b>"T" design</b></p> <ul style="list-style-type: none"> <li>• distortion free distance</li> <li>• narrow intermediate</li> <li>• wide near</li> <li>• hard in design <b>HARD</b></li> </ul>

15

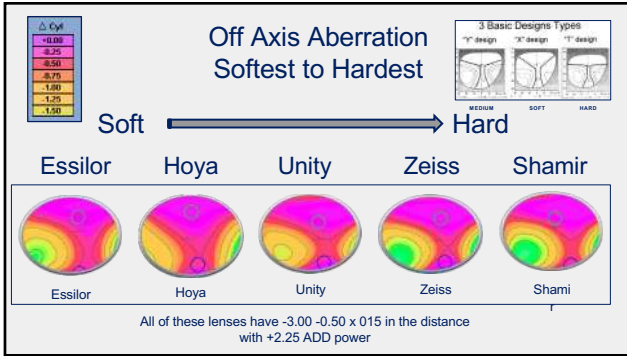
### Lens Geek at Work

Manual method

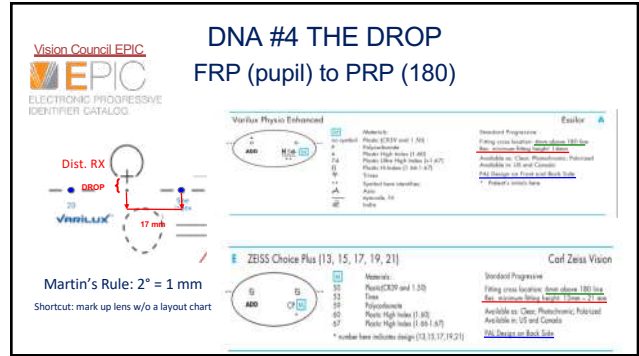
My home office

Wavefront analysis

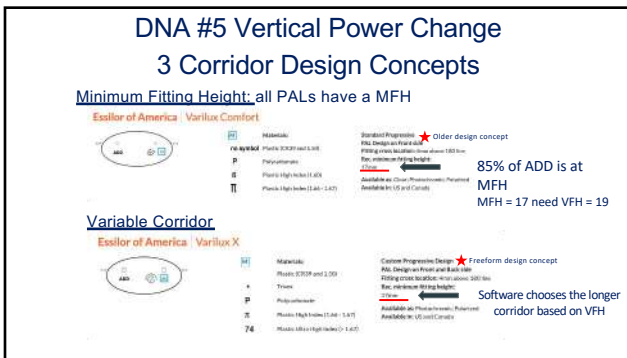
16



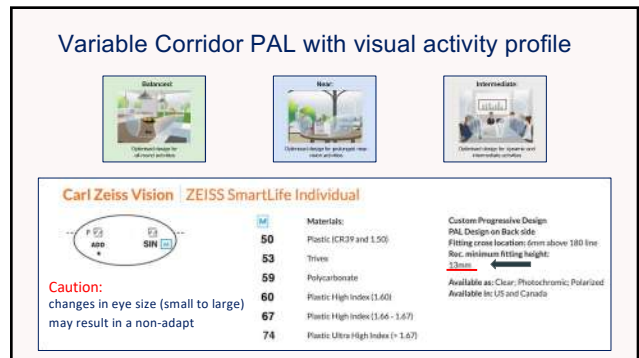
17



18



19



20

### Vertical Power Change

**Fixed Corridor**

Shamir Insight Inc. Autograph Intelligence Fixed & VARI: ★ Software chooses the corridor length

Specify on lab order

General rule: ★ Last 3mm Corridor @ 100% add  
★ Last 3mm Corridor @ 100% add  
Bottom of frame @ 20mm

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### Clinical Math: How much is your patient seeing?

Working Distance (cm)

Vertex (mm) Lens (mm)

Area of Clarity (inches)

Area of Clarity (inches) =  $\frac{\text{Lens (mm)} \times \text{Working Distance (cm)}}{\text{Vertex (mm)} \times 2.54 \text{ cm/inch}}$

@ 40 cm: 1 mm = 1.2 inches  
@ 67 cm: 1 mm = 2.0 inches

Calculations are simplified and do not take into consideration the center of rotation or the power of the lens.

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### Sample Problem

55 cm (convert to mm)

13 mm 1 mm

Area of Clarity (inches)

Area of Clarity (inches) =  $\frac{\text{Lens (mm)} \times \text{Working Distance (cm)}}{\text{Vertex (mm)} \times 2.54 \text{ cm/inch}}$

Area of Clarity (inches) =  $\frac{1 \times 550}{13} = 1.65$  inches

Calculations are simplified and do not take into consideration the center of rotation or the power of the lens.

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### Vertical Power Change

**Fixed Corridor PAL Concept**

*Example: 20mm fitting height, last 3 mm of corridor = 100% add*

19mm corridor 4mm near	17mm corridor 6mm near	15mm corridor 8mm near	13mm corridor 10mm near
4mm = 4.6 inches	6mm = 7.2 inches	8mm = 9.6 inches	10mm = 12 inches

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### PRODUCT INNOVATION AND EVOLUTION



Rapid developing technology





Best exercise equipment






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### Standard vs Free Form: What's the Difference?











- Advanced technology, computerization, and manufacturing equipment
- More natural visual experience
- Decrease HOAs = wider sharper fields of view for all lighting conditions
- Optimize BV to equalize image shape, magnification, and prism imbalance
- Compensate Rx for POW, refractive error, age, ADD power, pupil size
- Decrease off axis aberrations to widen the intermediate and near zones

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### Manufacturer Lens Product Portfolios

Different software profiles go into the generator to produce each unique lens design




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### Essilor Portfolio

Free Form PAL 2 Cat. N	Free Form PAL 1 Cat. O	Premium PAL 2 Cat. F	Premium PAL 1 Cat. J
Varilux XR Design Technology 14/4(DS)	Comfort Max Fit 14/4(DS)	Comfort Max 14/4(DS)	Comfort 2 17/4(FS)
Varilux X Design Technology Fit 14/4(DS)	Varilux X Design Technology 14/4(DS)	Comfort 2 Drx/Short 17/14/4(ABS)	Comfort 2 Short 14/4(FS)

3 Basic Designs Types

Aberration  
Soft, X = DS  
Medium Soft, Y = ABS

MEDIUM    SOFT    HARD

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### Essilor Technology Comparison

**VARILUX® LENS TECHNOLOGIES**

TECHNOLOGY	WEARER BENEFIT
All Varilux® lens designs	Comfortable reading area
Digital Surfacing	Better positions near zone for large reading area
Harmful Blue Light* Protection (Essential Blue Series™)	Up to 3x more protection from Harmful Blue Light than a standard clear lens**
W.A.V.E. Technology™	Sharp vision at all distances
W.A.V.E. Technology 2™	Sharp vision at all distances even in dim lighting
Binocular Booster (Varilux® Physio® W3+) SynchronEyes™ (Varilux® X Series™)	Allows wearer to easily transition between near & far
Nanoptix™ Technology	Helps eliminate "off-balance" feeling
Xtend™ Technology	Reduces head movement within arm's reach
Personalized Measurements***	Provide maximum lens performance despite differences in frame size & shape

▲ = Optional

29

### Essilor Technology Comparison

**PERSONALIZED MEASUREMENTS**

Required: ● Optional, Default Measurements Accepted: ■

	20-40mm Height	Frame Size	Wear Style	Wear Position	Ear Position Distance	Ear Position Angle	Ear Position Curve Distance	Ear Position Curve Angle	Ear Position Curve	Ear Position Curve
Varilux® XR Track	●	●	●	●	●	●	●	●	●	●
Varilux® XR Design	●	●	●	●	●	●	●	●	●	●
Varilux® X 4D with H/ET	●	●	●	●	●	●	●	●	●	●
Varilux® X 4DT	●	●	●	●	●	●	●	●	●	●
Varilux® X Fit	●	●	●	●	●	●	●	●	●	●
Varilux® Physio® W3+ Eyecode™†	●	●	●	●	●	●	●	●	●	●
Varilux® Physio® W3+ Fit	●	●	●	●	●	●	●	●	●	●
Varilux® Comfort Max Fit	●	●	●	●	●	●	●	●	●	●

† Varilux X 4D lenses, Varilux Physio W3+ Eyecode lenses are exclusive to the VisioFit® System.

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### Varilux XR Essilor Technology Review



Lengthens & smooths corridor



Improves binocularity, Replaced SynchronEyes



How our eyes make rapid movements to different areas of interest




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### HOYA Hoya Portfolio

Free Form PAL 2 Cat. N CM (optional)	Free Form PAL 1 Cat. O	Premium PAL2 Cat. F	Prem PAL 1 Cat. J
ID MyStyle2 14/4(DS) Modern, Adventure, Detail, Stable	Array 2/ Wrap 11,13,15,17,VL4(ABS)CM	Array 11,13,15,17,V4(ABS)	Hoyalux GP Wide 18/4(FS)
ID LifeStyle3 11,12,13,14,VL(DS) Urban, Indoor, Outdoor		Summit ecp IQ 18/4(FS) Summit ccd IQ 14/4(FS)	

**Aberration**  
Soft X = DS  
Medium Soft Y = ABS

3 Basic Designs Types

MEDIUM SOFT HARD

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### Hoya Technology Comparison

HOYA Upgrade	Min PW	BHT	POW	Design Options	Description
<b>ID MyStyle 2</b> <small>www.hoya.com/usa</small>	1.6	YES	YES	Custom	Advanced Technology for patients that demand the best - Integrated Dual Surface Design <b>Personalized for every patient - unlimited variations</b>
<b>ID MyStyle 2</b> <small>(Conventional Options)</small>	1.6	YES	YES	Modern	Prefers one pair for convenience - balanced
<b>Variable Corridor</b>	1.6	YES	YES	Advanced	Outdoor sports, activities - more distance
				Smart	Clear work focus - more intermediate & near
				Stable	Experienced wearers (Business Pk) - distance & near
					Dual side design & binocularly balanced providing wider fields of view
<b>ID LifeStyle 3</b> <small>11,12,13,14 corridor or 15, 16, 17 ABS Prisms</small>	1.6	YES	YES	Urban	On-the-go and enjoy reading books and using digital devices.
				Indoor	Spend most of time indoors using digital devices & reading.
				Outdoor	More performance, active, spend majority of time outside driving.

Balanced design  
Intermediate/ Near design  
Distance prioritized

**ID LifeStyle 3**

ID = Integrated Dual Surface

**ID MyStyle 2**

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### Hoya Technology Review

#### Binocular Harmonization (BHT)

**HOYA Database**  
73% of the population have a difference in refractive error between the eyes of 0.25D or more.<sup>1</sup>

- Unequal images sizes
- Vertical prism imbalance

<sup>1</sup>Hoya data in file. European progressive lens orders 2007-2013

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100% owned by Essilor in 12/22  
Operates independently

### Shamir Portfolio

Free Form PAL 2 Cat. N (CM optional)	Free From PAL 1 Cat. O	Premium PAL2 Cat. F
<b>Autograph Intelligence</b> 11,13,15,18,V/4(ABS)	<b>Autograph II</b> 11,13,15,18,V/4(ABS)CM	<b>Spectrum+</b> 14,16,18/4(ABS)
<b>Autograph III</b> 11,13,15,18,V/4(ABS)	<b>Autograph II Attitude</b> 18,15/4(ABS)CM	
<b>Attitude III Fashion</b> 18,15/4(ABS) <b>Attitude III Sport</b> 18/4(ABS)		

**Aberration**  
Hard T = ABS

3 Basic Designs Types  
"Y" design "X" design "T" design

MEDIUM SOFT HARD

35

### Progressive Lens Technology Comparison

Design	Autograph Intelligence	Autograph III	Autograph II+	InTouch	Spectrum+
Technology	\$\$\$+	\$\$\$	\$\$	\$\$	\$
EyePoint Technology AI	<input checked="" type="checkbox"/>				
Continuous Design	<input checked="" type="checkbox"/>				
AI Engine	<input checked="" type="checkbox"/>				
EyePoint Technology III		<input checked="" type="checkbox"/>			
Natural Posture	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>		<input checked="" type="checkbox"/>
IntelliCorridor	<input checked="" type="checkbox"/>			<input checked="" type="checkbox"/>	
As-Worn Quadra	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>			
EyePoint Technology				<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
EyePoint Technology As-Worn			<input checked="" type="checkbox"/>		
Close-Up	<input checked="" type="checkbox"/>		<input checked="" type="checkbox"/>		

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### Shamir Technology Review

**EYE-POINT TECHNOLOGY AI+**  
TRAJECTORIES FROM A PATIENT  
THROUGH A LENS

**Close-Up**

Labels: Near Vision, Near Mid, Near Far, Pupil Diameter, Reading Area, Posturing

Good for:

- Unequal near convergence
- Working dist. ≠ 40 cm

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### Zeiss Portfolio

2006 Zeiss, Sola, American Optical merged into Carl Zeiss Vision

Free Form PAL 2 Cat. N (CM optional)	Free Form PAL 1 Cat. O	Premium PAL 2 Cat. F	Premium PAL 1 Cat. J
SmartLife Individual B/I/N 13/6(ABS) SmartLife Individual B/I/N (S,M,L)14,16,18/6(ABS)	SmartLife Pure (S,M,L) 14,16,18/6(ABS)	Choice 13-15-17-19/6(ABS)	Gradal RD 21/6(FS)
	SmartLife Plus 13/6(ABS)	GT2/Short 17/13 /4(FS)	
	SmartLife Superb 13/6(ABS)CM		

(S,M,L) = Short, Medium, Long Corridor

Aberration  
Hard T = ABS

3 Basic Design Types  
"Y" design "X" design "T" design

MEDIUM SOFT HARD

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### Zeiss Technology Comparison

	SmartLife Progressive Pure	SmartLife Progressive Plus	SmartLife Progressive Superb	SmartLife Progressive Individual	SmartLife Progressive Individual B/I/N
IndividualFit™ Technology Optimization to the individual main daily activities					
Eye Fit™ Technology Optimization to the individual position of wear parameter for full potential of lens center					
IndividualEye™ Technology Optimization to the individual position of wear parameter for full potential of lens center	14 mm(17)				14 mm(17)
SmartLife™ Technology Optimization of the near zone for better reading at different distances	16 mm(16)				16 mm(16)
SmartView™ Technology Optimization based on average light conditions & age-related pupil diameter					
SmartView™ Technology II Optimization based on average light conditions & age-related pupil diameter					
SmartView™ Technology III Optimization based on average light conditions & age-related pupil diameter					

SmartView Technology

- Smart Dynamic Optics
- Real of real 3D object geometry, and large field-of-view (up to 100°) virtual field-of-view
- addresses dynamic DV eye movements
- Age Intelligence
- considers the effects of near-work on the size of the lens near zone
- accounts for Add power and pupil size

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### Zeiss SmartLife Individual Technology Review

**IndividualFit technology**  
Different design options for different lifestyles

Balanced  
all distances

Distance zone \*\*\*\*  
Intermediate zone \*\*\*  
Near zone \*\*

Intermediate  
25% > Int, smaller Near

Distance zone \*\*\*\*  
Intermediate zone \*\*\*\*  
Near zone \*\*

Near  
30% > Near zone

Distance zone \*\*\*  
Intermediate zone \*\*\*  
Near zone \*\*\*\*

Available in Short (14 mm), Medium (16mm), or Long (18) Corridors

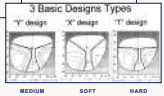
40

**unity** Unity Portfolio Unity Via lenses introduced in 2017

Free Form PAL 2 Cat. N (CM optional)	Free Form PAL 1 Cat. O	Premium PAL 2 Cat. F	Premium PAL 1 Cat. J
Via Elite II 12/4(ABS)	Via Plus II 12/4(ABS)CM	Via II 12/4(ABS)	Ethos Plus 18/14/4/ABS
	Via Wrap II 12/4(ABS)CM		

Aberration  
Medium Soft Y = ABS

3 Basic Designs Types  
"Y" design "X" design "T" design



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**unity** Unity Technology Comparison

Technology	Patient Benefit	Unity Via Elite II	Unity Via Plus II, Mobile II, Wrap II	Unity Via II
Advanced FR	Allows patient to easily find intermediate, near and preferred reading distance. Allows more natural posture and unobstructed visual ergonomics.	*	*	*
Wider FOV	InnoVia (NEW) Provides less unwanted astigmatism, improves adaptation and visual comfort	*	*	*
Digital Viewpoint	Optimized prescription at every point of the lens. Minimized peripheral distortions.	*	*	*
Like BHT	EquiBalance (NEW) Provides sharper peripheral vision, corrects inherent imbalance of astigmatism between nasal, temporal areas	*	*	*
Like Extend	OptScreen (NEW) Optimized lens design for digital device use, provides wider, clearer intermediate	*	*	*
Automatic Reading Height Optimization	Each lens is customized for the individual patient ensuring that the full add power is fit inside the frame.	*	*	*
Variable Inset	Larger usable reading area.	*	*	*

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**iot** See the difference IOT Portfolio Indizen Optical Technologies  
Lens design company formed in 2005  
400 partner labs, 69 countries

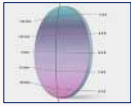
Free Form PAL 3	Free Form PAL 2	Free Form PAL 1	Specialty FF PAL
Camber Steady Plus Balanced 14-18/4(DS) Medium	Endless Steady Balanced 14-18/4(ABS) Medium	Essential Steady Balanced 14-18/4(ABS) Medium	Endless Pilot 14,16,18/4(ABS) Medium
Camber Steady Plus Distance 14-18/4(DS) Medium	Endless Steady Distance 14-18/4(ABS) Medium	Essential Steady Distance 14-18/4(ABS) Medium	
Camber Steady Plus Intermediate 14-18/4(DS) Soft	Endless Steady Intermediate 14-18/4(ABS) Soft	Essential Steady Intermediate 14-18/4(ABS) Soft	
Camber Steady Plus Near 14-18/4(DS) Medium	Endless Steady Near 14-18/4(ABS) Medium	Essential Steady Near 14-18/4(ABS) Medium	

3 Basic Designs Types  
"Y" design "X" design "T" design


Minimum Fitting Heights can be fit manually or automatic

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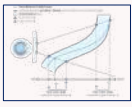
**iot** See the difference IOT Technology




Camber lens blank increasing front curve




Steady Methodology addresses periph. swim



Digital Ray-Path 2 minimizes obl. abber. over accom. object space



Steady Plus Methodology accounts for unwanted Spherical component



Personalized Parameters Position of wear measurements

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**IOT Technology Comparison**

Technology	Essential Steady	Endless Steady	Camber Steady Plus
Camber			●
Steady Plus Methodology			●
Steady Methodology	●	●	
IOT Digital Ray-Path 2		●	●

45

**IOT Endless Pilot Progressive**

Innovative Technology

- Near focus segment
- ± 30mm
- Start above the pupil
- Progressive lens
- Endless Pilot Progressive

N or Int. ADD

Near

**Specialty Occupational Design**

- Free Form Design
- All Back Surface
- 14, 16, 18mm MFH
- 4mm Drop
- Medium Aberration Pattern

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**Patient Communication**

How do we communicate all this technical knowledge?

HD Standard

Research and development of new technologies have improved lenses that are sharper with less swim and wider fields of view in all lighting conditions.

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Case Study

What does the number 128 million represent?

48

### What are you going to prescribe for Ted?

Ted is a 53 y.o. M. LEE: 2 yrs.  
 CC: decreased Dist & Int vision  
 Pt wears 2 pair of glasses (SVD and SVN)  
 Interested in all purpose glasses



**Lensometry**  
**Dist. Rx**  
 OD -2.75 -1.25 x 085 20/25  
 OS -3.00 -1.50 x 085 20/25  
**Near Rx** (Effective ADD = +1.50)  
 OD -1.25 -1.25 x 085 .6M  
 OS -1.50 -1.50 x 085 .6M

**Manifest Refraction**  
 OD -3.25 -1.25 x 085 20/15  
 OS -3.50 -1.50 x 085 20/15  
 Add +2.25

Ted would like a frame that is similar to the one he wears.  
 Fitting Height = 22 mm

**Spectacle Recommendations**

- near task specific lenses = computer use
- general wear progressive = indoor
- GW PAL sunglasses
- task specific musician glasses

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### Lens Portfolio

Freeform PAL 2 (N)	Freeform PAL 1 (D)	Premium PAL 1 (F)
ESSILOP Varilux XR 14	ESSILOP Varilux X Design 14	ESSILOP Varilux Comfort Max 14 Varilux Physio Dibo/Short 17/14
ZEISS SmartLife Individual, Individual I, Individual N 13 SmartLife Individual, Individual I, Individual N B 14, M 16, L 18		
HQVA ID Lifestyle3 Outdoor/Indoor/Urban 11,12,13,14,VL	HQVA Arny 2 11, 13, 15, 17, VL	OD -3.25 -1.25 x 085 OD -3.50 -1.50 x 085 Add +2.25 Fitting Ht. = 22mm
ID MyStyle2 Modern/Adventure/Detail/Stable 14		
SHAMIR Autograph Intelligence 11,13,15,18,V	SHAMIR Autograph II 11,13,15,18,V Autograph II Attitude 18,15	
UNITY Via Elite II 12	UNITY Unity Via Plus/Wrap II 12	UNITY Unity Via II 12


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### What are you going to prescribe for Debbie?

Debbie 48 y.o. F  
 First eye exam

CC: She doesn't like taking her glasses on and off and relies on them all day long.

**Lensometry**  
 +2.50 OTC for reading and computer  
 Work well for Int/Near, Takes off for Dist.



**Unaided acuities**  
 20/25- OD  
 20/25- OS

**Manifest Refraction**  
 OD +1.00 DS 20/20  
 OS +1.00 DS 20/20

BV, OH, SH: WNL/unremarkable.

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### Lens Portfolio


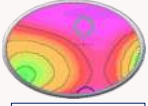
Freeform PAL 2 (N)	Freeform PAL 1 (D)	Premium PAL 1 (F)
ESSILOP Varilux XR 14	ESSILOP Varilux X Design 14	ESSILOP Varilux Comfort Max 14 Varilux Physio Dibo/Short 17/14
ZEISS SmartLife Individual, Individual I, Individual N 13 SmartLife Individual, Individual I, Individual N B 14, M 16, L 18		
HQVA ID Lifestyle3 Outdoor/Indoor/Urban 11,12,13,14,VL	HQVA Arny 2 11, 13, 15, 17, VL	Rx OD +1.00 DS OD +1.00 DS Add +1.50 Fitting Ht. = 28
ID MyStyle2 Modern/Adventure/Detail/Stable 14		
SHAMIR Autograph Intelligence 11,13,15,18,V	SHAMIR Autograph II 11,13,15,18,V Autograph II Attitude 18,15	
UNITY Via Elite II 12	UNITY Unity Via Plus/Wrap II 12	UNITY Unity Via II 12

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### Troubleshooting: Rx check for Debbie

**CC**  
"My distance vision is great, but I have to tilt my chin up to see my computer clearly and to read at near."

What are the steps do you take to troubleshoot this CC?

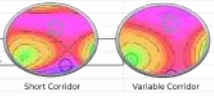
**Custom Progressive Design**  
PAL Design on Front and Back side  
Fitting cross location: 4mm above 180 line  
Rec. minimum fitting height:  
17mm  
Available as: Photochromic; Polarized  
Available in: US and Canada

**Varilux X**

- Freeform
- Dual Surface
- Soft Pattern
- Variable Corridor

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### Lens Portfolio


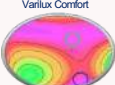
Freeform PAL 2 (N)	Freeform PAL 1 (D)	Premium PAL 1 (F)
ESSILOP Varilux XR 14	ESSILOP Varilux X Design 14	ESSILOP Varilux Comfort Max 14 Varilux Physio Dibo/Short 17/14
		
ZEISS SmartLife Individual, Individual I, Individual N 13 SmartLife Individual, Individual I, Individual N B 14, M 16, L 18	Hoya ID Lifestyle3 Outdoor/Urban I 12,13,VL ID MyStyle2 Modern/Adventure/Detail/Stable 14	Hoya Army 2 11, 13, 15, 17, VL
SHAMIR Autograph Intelligence 11,13,15,18,V Attitude III Fashion 18,15 Attitude III Sport 18	SHAMIR Autograph II 11,13,15,18,V Autograph II Attitude 18,15	OD +1.00 DS OD +1.00 DS Add +1.50 Fitting Ht. = 28
UNITY Via Elite II 12	UNITY Unity Via Plus/Wrap II 12	UNITY Unity Via II 12

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### What are you going to prescribe for Walter?

Walter is a 50 y.o. M LEE: 2 yrs

**CC** "I am here to update my prescription, I have no problems with distance vision using my glasses, but I am having trouble reading with them".

**Standard Progressive**  
PAL Design on Front side  
Fitting cross location: 4mm above 180 line  
Rec. minimum fitting height:  
17mm  
Available as: Clear; Photochromic; Polarized  
Available in: US and Canada

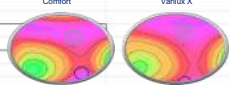
**Lensometry**  
OD +1.00 DS  
OS +1.00 DS  
ADD +1.50

**Manifest Refraction**  
OD +1.00DS 20/15  
OS +1.00DS 20/15  
ADD +2.00

BV, OH, SH: WNL/unremarkable

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### Lens Portfolio

Freeform PAL 2 (N)	Freeform PAL 1 (D)	Premium PAL 1 (F)
ESSILOP Varilux XR 14	ESSILOP Varilux X Design 14	ESSILOP Varilux Comfort Max 14 Varilux Physio Dibo/Short 17/14
		
ZEISS SmartLife Individual, Individual I, Individual N 13 SmartLife Individual, Individual I, Individual N B 14, M 16, L 18	Hoya ID Lifestyle3 Outdoor/Urban 11,12,13,14,VL ID MyStyle2 Modern/Adventure/Detail/Stable 14	Hoya Army 2 11, 13, 15, 17, VL
SHAMIR Autograph Intelligence 11,13,15,18,V Attitude III Fashion 18,15 Attitude III Sport 18	SHAMIR Autograph II 11,13,15,18,V Autograph II Attitude 18,15	
UNITY Via Elite II 12	UNITY Unity Via Plus/Wrap II 12	UNITY Unity Via II 12

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### What are you going to prescribe for Danny?

59 y.o.  
Full time glasses wear, takes his glasses off to read

CC "Ever since I started using PAL's, my distance is not as sharp as before I needed PAL's. Is there something new that I can try?"

-2.50 DS OU 20/20 OD/OS, add +2.50  
BV, OH, SH: WNL/unremarkable

PAL history:  
1st time PAL = Varilux Comfort  
Followed by:  
Varilux Comfort Enhanced  
Varilux Physio Enhanced

Should we prescribe Varilux XR Design?





**Varilux XR Design**

Custom Progressive Design  
PAL Design on Front and Back side  
Fitting cross location: 4mm above 180 line  
Rec. minimum fitting height: 32mm  
Available as: Photochromic, Polarized  
Available in: US and Canada

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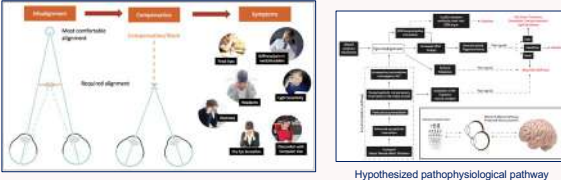
### Lens Portfolio

Freeform PAL 2 (N)	Zeiss SmartLife Individual	Varilux X Design
Varilux XR 14		
ZEISS	<ul style="list-style-type: none"> <li>Freeform</li> <li>ABS</li> <li>Hard Pattern</li> <li>Fixed or Variable</li> </ul>	<ul style="list-style-type: none"> <li>Freeform</li> <li>Dual Surface</li> <li>Soft Pattern</li> <li>Variable Corridor</li> </ul>
SmartLife Individual, Individual I, Individual M 13		
SmartLife Individual, Individual I, Individual N, S 14, M, L 18		
PROVA		
D LifeStyle3 Outdoor/Indoor/Urban 11,12,13,14,VL		
D MyStyle2 Modern/Adventure/Detail/Table 14		
SHAMIR		
Autograph intelligence 11,13,15,18,V		
Altitude II Fashion 18,15		
Altitude II Sport 18		

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### Contoured Prism Lens


Digital Eye Strain: a form of Trigeminal (CN5) Dysphoria



Hypothesized pathophysiological pathway

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### Diagnostic Tools



<b>DISTANCE MEASUREMENT</b> SUPPLIARY DISTANCE: 66.60mm MCI: 1.00 HORIZONTAL: 2.41% EXO VERTICAL: 0.12% L-HYPER VERTICAL MCI: HIGH		<b>NEAR MEASUREMENT</b> SUPPLIARY DISTANCE: 64.95mm MCI: 1.00 HORIZONTAL: 1.54% EXO VERTICAL: 0.62% L-HYPER VERTICAL MCI: HIGH	
AC/A RATIO: 3.24 D/D			
<b>NEUROLENS VALUE</b> PRESCRIBE: OD 1.7 BI, OS 0.9 BI, 0.9 BI			

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### NeuroLens Portfolio

NeuroLens PAL	NeuroLens Office
Free Form 18/2(ABS) Medium	Free Form 18/2(ABS) Near Task Specific

3 Basic Designs Types

MEDIUM    SOFT    HARD

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### At the End of the Day

Sunset over Lake Combie, Auburn, CA

- Did I address the chief concern with appropriate recommendations?
- Is what I am prescribing an improvement over what the patient has or is used to?

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## THANK YOU!

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 mhoff@sightlineoc.com

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