


On behalf of Vision Expo, we sincerely thank you for being with us this year.

Vision Expo Has Gone Green!

We have eliminated all paper session evaluation forms. Please be sure to complete your electronic session evaluations online when you login to request your CE letter for each course you attended! Your feedback is important to us as our Education Planning Committee considers content and speakers for future meetings to provide you with the best education possible.



1

Financial Disclosure – Justin Schweitzer, OD, FAAO

- Aerie – C/L
- Alcon – C/L
- Allergan – C/L
- Bausch + Lomb – C/L
- Ocular Therapeutics – C
- EyePoint – C
- Sight Sciences – C/L
- Dompé – C
- Zeiss – C/L
- Vias – C
- Science Based Health – C
- Kala – C
- RVL – C

- Sun – C/L
- Equinox - I
- Radheco - C
- J&J – C/L
- Glaukos – C/L
- Horizon – C
- Quidel – C
- MedPrint – C
- LMC – C/L
- Avellino – C
- Novartis – C
- Iveric bio – C
- Ocuphire – C

2

Individualizing Glaucoma Treatment:
Understanding How to Utilize Traditional and Novel Agents

Justin Schweitzer, OD, FAAO
Optometric Externship Director
Associate Director-Optometric Residency
Vance Thompson Vision

3

65-year-old, Caucasian female referred for a second opinion for possible glaucoma. She states she has never had high eye pressures and doesn't understand how she could have glaucoma.

Ocular History

- **POHX:** Cataract extraction OU 2014, YAG capsulotomy OU 2014
- **FHX:** Mother – glaucoma, age-related macular degeneration
- **Previous Treatment Regimen:** None
- **Current Treatment Regimen:** None
- **IOP max**
 - OD: 17 mm Hg
 - OS: 17 mm Hg

Medical History

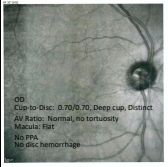
- **PMHX:** Hyperlipidemia
- **All Medications:** Fluoxetine
- **Allergies:** Penicillin
- **Blood Pressure:** 118/75

4

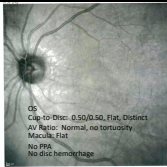
Ocular Exam

- **Uncorrected visual acuity (UCVA):** 20/20 OD, 20/20 OS
- **External exam:** Normal appearance, symmetrical
- **Pupil exam:** Equal, round, reactive to light and (-) APD
- **Slit-lamp exam**
 - **Lens:** Well centered posterior chamber intraocular lens, open posterior capsule OU
- **Goldmann Applanation Tonometry:** 16 mm Hg OD, 17 mm Hg OS
- **Central corneal thickness (CCT):** 499 OD, 504 OS
- **Gonioscopy:** Open to CB in all quadrants, no pigment in the TM, and normal iris approach
- **Corneal Hysteresis:** 9.4 mm Hg OD, 9.3 mm Hg OS

5

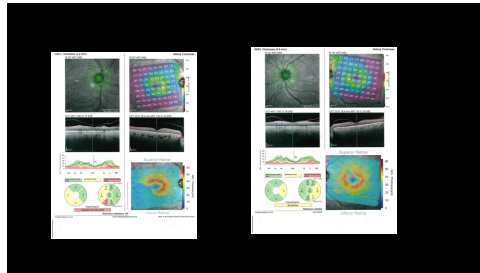


OD
Cup-to-Disc: 0.70/0.70, Deep cup, Distinct
AV Ratio: Normal, no tortuosity
Macula: Flat
No PPA
No disc hemorrhage

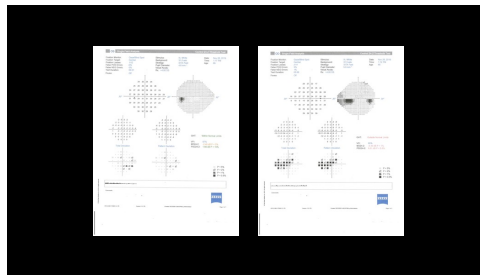


OS
Cup-to-Disc: 0.50/0.50, Flat, Distinct
AV Ratio: Normal, no tortuosity
Macula: Flat
No PPA
No disc hemorrhage

6



7



8

Diagnosis

Severe Normal Tension Glaucoma OD
Pre-perimetric Normal Tension Glaucoma OS

Other diagnoses: SPO Cataract Extraction OU, SPO YAG Capsulotomy OU

Initiate treatment with latanoprostene bunod 0.024% qd @ night OU
• Goal IOP reduction of 25%-30% from baseline IOP

9

Initial Follow-up and Plan

Follow-up at 1 month

latanoprostene bunod 0.024% was well tolerated, easy to instill, and patient states compliance with medication.

Follow-up ocular exam: Vision and SLE stable from last examination 1 month ago.

Tonometry:

OD: 12 mmHg

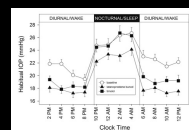
OS: 12 mmHg

10

What Works When Our Patients Are Most Vulnerable To Glaucoma?

11

Latanoprostene Bunod

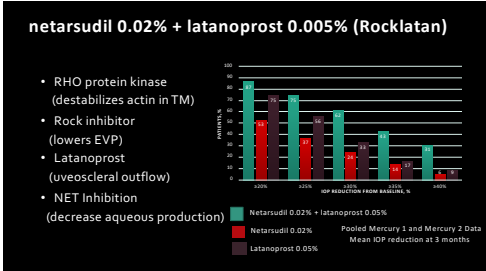


IOP lowering effect:
Daytime: **Yes**
Nighttime: **Yes**

25 patients with OHTN or GAG
Randomized crossover study
Timolol 0.5% BID
Latanoprostene bunod q HS

Smith et al. JAO 2014

12

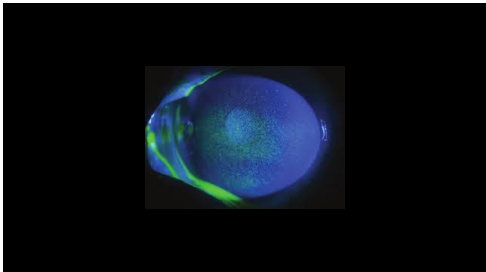


16

Case

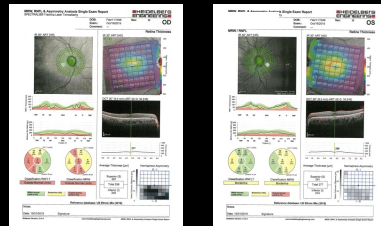
- 71-year-old African-American male
- Medical History: HTN
- Family History: HTN, DM
- BCVA: 20/20 +1 OU
- IOP: 29 mm Hg OD; 26 mm Hg OS
- C/D: 0.80/0.80 OD; 0.65/0.65 OS
- Pachymetry: 510 OD; 514 OS
- Corneal hysteresis: 8 OD; 8.9 OS
- Gonioscopy: Open to CB OU w/ trace pigment in TM
- SLE: See Photos
- VFs – See next slide
- OCT's – See next slide

17



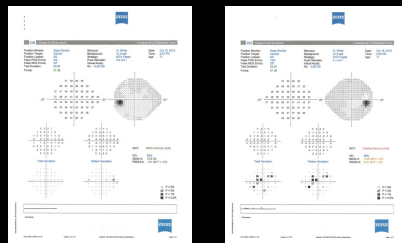
18

OCT's



19

Visual Field's



20

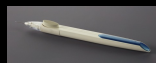
Case Considerations

- Need to address the ocular surface
- What therapy do we choose to treat his glaucoma

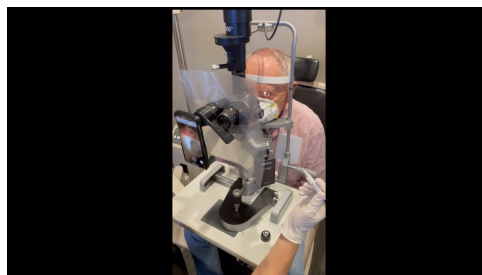
21

Bimatoprost SR (Allergan) (10-microgram bimatoprost sustained-release implant)

- Biodegradable bimatoprost sustained-release implant
- FDA-approved and indicated to reduce IOP in patients with open angle glaucoma or OHT
- Single intracameral administration
- Phase I/II/III Studies

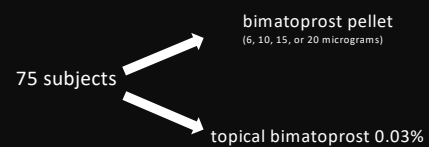


25



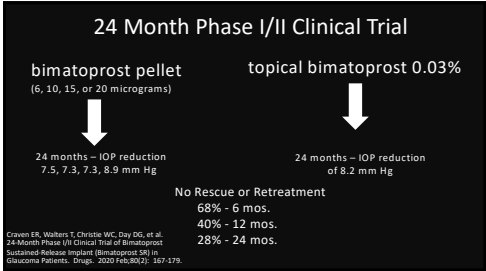
26

24 Month Phase I/II Clinical Trial

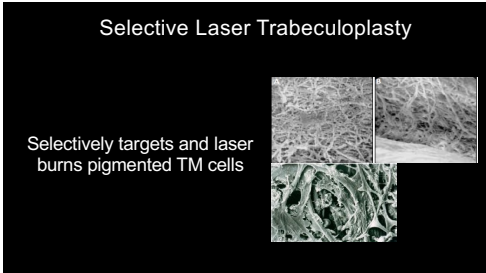


Craven ER, Walters T, Christie WC, Day DG, et al. 24-Month Phase I/II Clinical Trial of Bimatoprost Sustained-Release Implant (Bimatoprost SR) in Glaucoma Patients.
Ophthalmology. 2020 Feb;128(2):187-195.

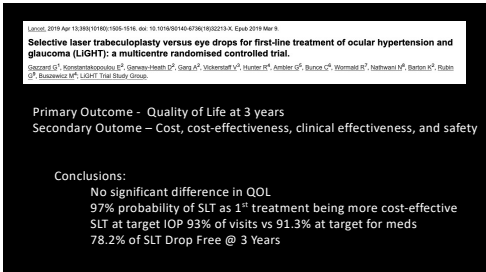
27



28



29



30

CASE History of Present Illness: Ocular

84-year-old, Caucasian female

Ocular History

Diagnosed with POAG – 2012-2014
OD – latanoprostene bunod 0.024% qd
OS – history of tube shunt, no current medications
Cataract extraction: 2009 OU
Family History: POAG - Father

31

History of Present Illness: Medical

Medical History

Systemic Medications: Amitriptyline HCL, Alprazolam 0.25 mg,
Carbamazepine 200 mg

Allergies: Codeine, Ultram

Social History: Unremarkable

32

Ocular Exam:

VAcc: OD – 20/20 OS – 20/40
Tmax IOP: OD – 24 mmHg OS – 28 mm Hg
SLEX: Tube shunt OS, otherwise unremarkable
ONH: OD – 0.80/0.80 OS – 0.95/0.95

33

Ocular Exam:

Pachymetry: 510 OU
 Gonioscopy: Open to CB

IOP on Exam(s):

OD – 19 mm HG

OS – 11 mm HG

IOP History:

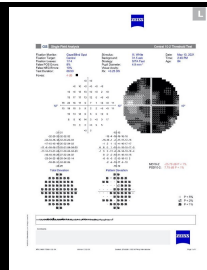
OD – consistently 10-12 mm HG (on medication)

OS – consistently – 10-11 mm HG (tube shunt)

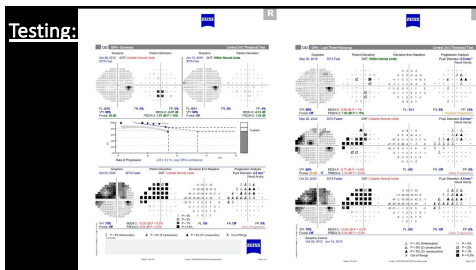
34

Testing:

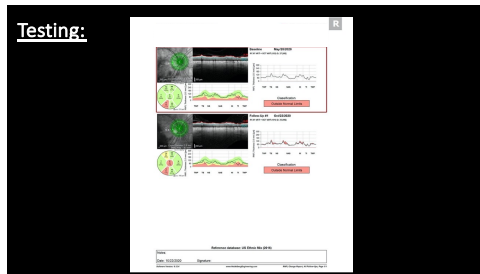
Stable for years
 with tube shunt
 controlling IOP



35

Testing:

36



37



38

Minimally or Micro Invasive Glaucoma Surgery (MIGS)

Procedures that have an ab-interno approach, are minimally traumatic, with at least modest efficacy, extremely high safety and rapid recovery .

Sahel H, Ahmed IK. Micro-invasive glaucoma surgery: current perspectives and future directions. Curr Opin Ophthalmol. 2012;23(2): 96-104.

39

SLT as a second line option

- Drop expectations:
 - 1st drop – 25-35% IOP reduction
 - 2nd drop – 2-4 mmHg (10-20%)
 - 3rd drop – 0-2 mmHg
- SLT – exact same expectations
- Exact same treatment protocols/pre op/post op
- Pair best with aqueous suppressants?

40

netarsudil 0.02% + latanoprost 0.005% (Rocklatan)

- RHO protein kinase (destabilizes actin in TM)
- Rock inhibitor (lowers EVP)
- Latanoprost (uveoscleral outflow)
- Net Inhibition

Time Point	Netarsudil 0.02% + latanoprost 0.005%	Netarsudil 0.02%	Latanoprost 0.005%
1 month	21.1	14.8	15.2
2 months	19.8	13.5	14.1
3 months	18.5	12.2	13.0
4 months	17.2	11.0	12.1
5 months	16.0	10.0	11.2

Legend: Netarsudil 0.02% + latanoprost 0.005% (Blue), Netarsudil 0.02% (Orange), Latanoprost 0.005% (Grey)

Source: Pooled Mercury 1 and Mercury 2 Data. Mean IOP reduction at 5 months.

41

netarsudil 0.02% (Rhopressa)

MOAs

- ↓ aqueous humor production
- ↑ trabecular outflow
- ↓ episcleral venous pressure

ROCK inhibitors

Trabecular meshwork

Prostaglandin analogs
Alpha agonists
Beta blockers
Alpha agonists
CAs




Ciliary processes

Cornea

Lens



42

Single Agent Adjunctive Agents

<p>Beta Blockers Timoptic (timolol 0.25, 0.5%; Merck)</p> <p>Timolol Alternative Formulations Timolol-XE timolol maleate 0.25%, 0.5% in Gel-rite Timoptic in Ocudose 0.25%, 0.5% Istalol – Qd dosing Betoptic-S</p> 	<p>Alpha-adrenergic Agonists (brimonidine 0.2%, 0.15%, 0.1%)</p>  <p>Carbonic Anhydrase Inhibitors Trusopt (dorzolamide HCL solution 2%) Azopt (brinzolamide 1% suspension)</p> 
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43

Combination Therapy

<p>CoSopt Ophthalmic Suspension Timolol 0.5% Dorzolamide 0.2%</p> <p>Combigan Ophthalmic Solution Brimonidine 0.2% Timolol 0.5%</p> 	<p>Simbrinza Brinzolamide 1% Brimonidine 0.2%</p> 
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44



45



46
